

GET YOUR BODY BACK

By

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Pregnancies and weight gain

can wreak havoc on your body, especially your breasts and tummy. More and more patients are choosing to combine surgical procedures to reduce costs and recovery times. "Over 70 percent of my patients are having multiple procedures done now when undergoing general anesthesia," says Dr. Bengtson. "It's a delicate balance in that we want to combine procedures that make sense and can be done safely." Frequently combined procedures include abdominoplasty, liposuction and breast surgeries such as lifts and augmentations. Although they're commonly referred to as Mommy Makeovers, Dr. Bengtson and his staff call them "Princess Packages." He often recommends packaging a tummy tuck, liposuction and breast surgery together to completely transform the body. "In patients who are close to their ideal weight, the right procedures can have extremely impactful results," adds the doctor.

“
Navigating implant selection is one of the most important decisions you and your surgeon can make.”

WHO I AM

1.

HOW DOES YOUR STAFF ENHANCE YOUR PRACTICE?

I have the best, most cohesive, caring and compassionate staff I have ever worked with. We may have the most cutting-edge technology and one of the most highly skilled surgeons, but without a cohesive team, we would have very few patients

2.

WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Cellfina® with microneedling and platelet-rich plasma (PRP), ThermiVA for vaginal rejuvenation, ThermiRF® skin tightening; the Nordlys Ellipse® Hybrid Laser platform, the latest in injectable treatments, new skin-care lines and HydraFacial® MD

3.

WHAT ARE YOUR MOST REQUESTED PROCEDURES?

Breast augmentations, breast revision surgeries, tummy tucks, liposuction, facelifts and blepharoplasties

4.

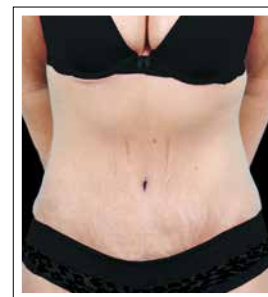
HOW ARE YOU HELPING TO ADVANCE THE FIELD AT LARGE?

By continuing to research and publish about breast surgery, particularly breast revision techniques. I'm also developing new medical devices and preparing to launch a new internal tissue closure device—essentially an internalized VAC

5.

WHY DO YOU EMPLOY A LESS-IS-MORE PHILOSOPHY?

I believe the best plastic surgery is in patients you can't tell have had it. If fillers or Botox® Cosmetic is visible, then it was not done correctly. It's all about restoring a natural-looking volume of contour. Occasionally, some patients will need surgery versus a less aggressive nonsurgical approach. It depends on what their concern is and what outcomes they want to achieve



Tummy Tuck

Concerned about the loose, excess skin on her abdomen, this 48-year-old patient sought Dr. Bengtson for an abdominoplasty with liposuction to give her the smoother, flatter stomach she desired.

PHOTOGRAPH BY BRIAN KELLY



MY DREAM INNOVATION

A new technology that will eliminate seromas and allow for normal healing

HOW I WOULD SPEND EXTRA TIME IN A DAY

With my family

THREE WORDS THAT BEST DESCRIBE ME

Innovative, caring, compassionate

ABOUT DR. BENGTON

With more than 4,000 breast augmentations performed in 25 years, Dr. Bradley Bengtson, MD, FACS, is a leader in his field. He also serves as an educator in more than 50 Bioskills labs and symposiums around the world to educate fellow surgeons on new techniques and technologies.



MY CREDENTIALS

Medical Degree
Indiana University
School of Medicine

Board Certification
American Board
of Plastic Surgery

CONNECT

Visit the doctor's gallery of **before-and-after** photos at:
newbeauty.com/bengtson

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A FEW OF MY SPECIALTIES...

Breast Augmentation
Revision Breast Surgery
Breast Lift
Breast Reduction
Abdominoplasty
Laser Liposuction
Standard Liposuction
Cellulite Treatment
Facelift
Necklift
Blepharoplasty
Browlift
Rhinoplasty
Labiaplasty
ThermiVa®
Body Contouring
Bodylift
Fat Transfer
Injectables