

THE SECRET TO YOUR BEST BODY EVER

By **BRADLEY BENGTON, MD**

BENGTON CENTER FOR AESTHETICS AND PLASTIC SURGERY
GRAND RAPIDS, MICHIGAN

P

regnancies and weight gain can wreak havoc on your body, especially your breasts and tummy. More and more patients are choosing to combine surgical procedures to reduce costs and recovery times. "Over 70 percent of my patients are having multiple procedures done now when undergoing general anesthesia," says Dr. Bengton. "It's a delicate balance in that we want to combine procedures that make sense and can be done safely." Frequently combined procedures include abdominoplasty, liposuction and breast surgeries such as lifts and augmentations. He often recommends packaging a tummy tuck, liposuction and breast surgery together to completely transform the body. "In patients who are close to their ideal weight, the right procedures can have extremely impactful results," adds the doctor.

“
Major advancements in body contouring have maximized results and minimized potential risks.

WHO I AM

1. HOW DOES YOUR STAFF ENHANCE YOUR PRACTICE?

We have the most innovative, top-tier nonsurgical technology, a warm and inviting environment and a surgeon with tremendous experience and vision—but it's also our cohesive team that holds it all together

2. HOW ARE YOU HELPING TO ADVANCE YOUR FIELD?

By continuing to research and publish about breast revision techniques. I'm also developing new medical devices and preparing to launch a new internal tissue closure device—essentially an internalized VAC—and developing the first high-resolution ultrasound platform for breast implant patients

3. WHAT ARE YOUR MOST REQUESTED PROCEDURES?

Breast augmentations, breast revision surgeries, tummy tucks, liposuction, facelifts and blepharoplasties

4. WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Cellfina® with microneedling and platelet-rich plasma (PRP), ThermiVA for vaginal rejuvenation, ThermiRF® skin tightening; the Nordlys Ellipse® Hybrid Laser platform, the latest in injectable treatments, new skin-care lines and HydraFacial® MD

5. WHY DO YOU EMPLOY A LESS-IS-MORE PHILOSOPHY?

I believe the best plastic surgery is in patients you can't tell have had it. If fillers or Botox® Cosmetic is visible, then it was not done correctly. It's all about restoring a natural-looking volume of contour. Some patients will require surgery versus a less aggressive nonsurgical approach. It depends on what their concern is, what outcomes they want to achieve and what they are bringing to the table. It's all about youth preservation



Tummy Tuck

Concerned about the loose, excess skin on her abdomen, this 48-year-old patient sought Dr. Bengton for an abdominoplasty with liposuction to give her the smoother, flatter stomach she desired.

PHOTOGRAPH BY: BRIAN KELLY



MY DREAM INNOVATION

A new technology that will eliminate seromas and allow for normal healing

THREE WORDS THAT BEST DESCRIBE ME

Innovative, caring, compassionate

HOW I WOULD SPEND EXTRA TIME IN A DAY

With my family

ABOUT DR. BENGTON

Dr. Bengton and his team are excited about the Bengton Center's new office with double the space and staff, including two operating suites to provide patients with even more surgical and nonsurgical options. The new Bengton Center location will open in late fall 2018.



MY CREDENTIALS

Medical Degree
Indiana University
School of Medicine

Fellowship Training
MD Anderson
Cancer Center

Board Certification
American Board
of Plastic Surgery

CONNECT

Visit the doctor's gallery of **before-and-after** photos at: newbeauty.com/bengtson

Location
Grand Rapids, Michigan

Phone
616.588.8880
877.822.8880

bengtsoncenter.com
transforMDskincare.com



A FEW OF MY SPECIALTIES...

- Breast Augmentation
- Revision Breast Surgery
- Breast Lift
- Breast Reduction
- Abdominoplasty
- Tumescent Liposuction
- Power-Assisted Liposuction
- Cellulite Treatment
- Facelift
- Necklift
- Blepharoplasty
- Browlift
- Rhinoplasty
- Labiaplasty
- ThermiVa®
- Body Contouring
- Bodylift
- Fat Transfer
- Injectables