

## About

### Dr. David R. Alfonso

**With more than 13 years in practice, board-certified plastic surgeon Dr. David R. Alfonso has performed thousands of body transformations, and according to the surgeon, today's body-contouring procedures are so much easier to undergo.**

"In addition to having a 360-degree approach when we're sculpting and reshaping the body so we're not just addressing the front, we've also made huge progress in accelerating the healing and recovery process, which translates to less downtime," he explains. "We perform Fast-Trak breast augmentations, which is a way of minimizing tissue trauma during implant placement, and provide post-care techniques that help patients get back to feeling normal, faster." Dr. Alfonso also employs high-resolution ultrasound and TAP block anesthesia to control postoperative pain. "Many of my patients can get through recovery without narcotics, which is an amazing advancement," he says.

"My 360-degree approach ensures you look good from every angle, not just the front."



#### Tummy Transformation

Dr. Alfonso helped this 35-year-old mother of four regain her natural shape with a tummy tuck and liposuction.



#### Tightening After Weight Loss

To address loose skin after a 100-pound weight loss, Dr. Alfonso performed a tummy tuck and liposuction on this 42-year-old patient.

## Details

### Specialties

Abdominoplasty  
Aesthetic Injectables  
Blepharoplasty  
Body Contouring  
Bodylift  
Breast Augmentation  
Breast Reduction / Lift  
Buttocks Augmentation  
Buttocks Lift  
Facelift / Mid-Facelift  
Facial Implants  
Fat Transfer  
Liposuction  
Necklift  
Rhinoplasty

### Credentials

**Medical Degree**  
Northeastern Ohio  
Medical University

### Fellowship

New York Eye and Ear  
Infirmary of Mount Sinai

### Board Certification

American Board of  
Plastic Surgery

### Contact

Grand Rapids, Michigan  
616.588.8880  
bengtsoncenter.com



### What are you best known for?

About 80 percent of my practice is centered around breast and body procedures. Our patients like having the ability to combine multiple surgeries into one.





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