

# YOUR IDEAL SHAPE

By

## DR. BRADLEY BENGTON

BENGTON CENTER FOR  
AESTHETICS AND PLASTIC SURGERY  
GRAND RAPIDS, MICHIGAN

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the right implant to each patient is at the core of Dr. Bradley Bengton's philosophy. He uses specific breast measurements and shape to determine the optimal implant range and style. "The best plastic surgery is in patients you can't tell have even had it," he says. Which is why he selects implants based on each individual patient's needs. "I choose an implant that matches the patient's breast width, elasticity and height to fill the breast space proportionally, creating the ideal shape, size and volume that is appropriate for her body," he says. Dr. Bengton always delivers natural, safe and beautiful results while minimizing complications and revisional surgery.

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### WHO I AM

1.

#### MY HAPPIEST PROFESSIONAL MOMENT

Starting and opening my new aesthetic plastic surgery practice five years ago

2.

#### MOST INSPIRATIONAL THING I LEARNED THIS YEAR

It's all about the why, not the what; patients do things we recommend because of why we do what we do, not what we do

3.

#### THREE WORDS THAT BEST DESCRIBE ME

Caring, kind, passionate

4.

#### WHAT I LOVE MOST ABOUT MY PROFESSION

It is a blend of both art and science

5.

#### HOW MY PROFESSION HAS EVOLVED

Plastic surgery has always been very innovative, but the curve is becoming much more exponential

6.

#### WHEN YOU KNOW YOU'RE READY FOR SURGERY

When your concerns exceed what can be accomplished with nonsurgical techniques, particularly skin excess

7.

#### CAREER-DEFINING PROCEDURE

For me, it's been a focus on breast augmentation and breast revision using tissues and scaffolds

8.

#### HOW I WOULD SPEND EXTRA TIME IN A DAY

With my family



Ryan Mitchell, MD, FRCS and  
Bradley Bengton, MD, FACS

PHOTOGRAPH BY: BRIAN KELLY



### ABOUT DR. BENGTON

With more than 3,000 breast augmentations performed in 25 years, Dr. Bengton is a leader in his field, educating his fellow physicians and investigating technological advancements.

### MY CREDENTIALS

**Medical Degree**  
Indiana University  
School of Medicine

**Board Certification**  
American Board  
of Plastic Surgery

### CONNECT

Visit the doctor's gallery of **before-and-after** photos at:  
[newbeauty.com/bengtson](http://newbeauty.com/bengtson)

**Location**  
Grand Rapids, Michigan

**Phone**  
616.588.8880

[bengtsoncenter.com](http://bengtsoncenter.com)  
[transforMDskincare.com](http://transforMDskincare.com)



### A FEW OF MY SPECIALTIES...

- Breast Augmentation
- Revision Breast Surgery
- Breast Lifts / Reductions
- Abdominoplasty
- Laser / Standard Liposuction
- Facelift / Necklift
- Blepharoplasty / Browlift
- Rhinoplasty
- Labiaplasty
- Body Contouring / Bodylift
- Fat Transfers / Injectables