

About

Dr. David R. Alfonso

With more than 13 years in practice, board-certified plastic surgeon Dr. David R. Alfonso has performed thousands of body transformations, and according to the surgeon, today's body-contouring procedures are so much easier to undergo.

"In addition to having a 360-degree approach when we're sculpting and reshaping the body so we're not just addressing the front, we've also made huge progress in accelerating the healing and recovery process, which translates to less downtime," he explains. "We perform Fast-Trak breast augmentations, which is a way of minimizing tissue trauma during implant placement, and provide post-care techniques that help patients get back to feeling normal, faster." Dr. Alfonso also employs high-resolution ultrasound and TAP block anesthesia to control postoperative pain. "Many of my patients can get through recovery without narcotics, which is an amazing advancement," he says.

"My 360-degree approach ensures you look good from every angle, not just the front."



Volume Boost

Dr. Alfonso gave this 33-year-old patient's breasts a natural-looking increase by performing an augmentation using 335-cc round, full-profile gel implants.



A New, Improved Contour

This 42-year-old mother of three was concerned about excess skin and fat. Dr. Alfonso performed a tummy tuck with liposuction to give her a beautiful hourglass shape.

Details

Specialties

Abdominoplasty
Aesthetic Injectables
Blepharoplasty
Body Contouring
Bodylift
Breast Augmentation
Breast Reduction / Lift
Buttocks Augmentation
Buttocks Lift
Facelift / Mid-Facelift
Facial Implants
Fat Transfer
Liposuction
Necklift
Rhinoplasty

Credentials

Medical Degree
Northeastern Ohio
Medical University

Fellowship

New York Eye and Ear
Infirmary of Mount Sinai

Board Certification

American Board of
Plastic Surgery

Contact

Grand Rapids, Michigan
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What are you best known for?

About 80 percent of my practice is centered around breast and body procedures. Our patients like having the ability to combine multiple surgeries into one.

