

BRADLEY BENGTSON, MD

BENGTSON CENTER FOR AESTHETICS AND PLASTIC SURGERY GRAND RAPIDS, MICHIGAN

__regnancies and weight gain can wreak havoc on your body, especially your breasts and tummy. More and more patients are choosing to combine surgical procedures to reduce costs and recovery times. "Over 70 percent of my patients are having multiple procedures done now when undergoing general anesthesia," says Dr. Bengtson. "It's a delicate balance in that we want to combine procedures that make sense and can be done safely." Frequently combined procedures include abdominoplasty, liposuction and breast surgeries such as lifts and augmentations. He often recommends packaging a tummy tuck, liposuction and breast surgery together to completely transform the body. "In patients who are close to their ideal weight, the right procedures can have extremely impactful results," adds the doctor.



Major advancements in body contouring have maximized results and minimized potential risks.

WHOIAM

HOW DOES YOUR STAFF ENHANCE YOUR PRACTICE?

We have the most innovative, top-tier nonsurgical technology, a warm and inviting environment and a surgeon with tremendous experience and vision, but it's our cohesive team that holds it all together

HOW ARE YOU HELPING TO ADVANCE YOUR FIELD?

By continuing to research and publish about breast revision techniques. I'm also developing new medical devices and preparing to launch a new internal tissue closure device—essentially an internalized VAC—and developing the first high-resolution ultrasound platform for breast implant patients

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WHAT ARE YOUR MOST REQUESTED PROCEDURES?

Breast augmentations, breast revision surgeries, tummy tucks, liposuction, facelifts and blepharoplasties

WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Cellfina® with microneedling and platelet-rich plasma (PRP), ThermiVa for vaginal rejuvenation, ThermiRF® skin tightening, the Nordlys Ellipse® Hybrid Laser platform, the latest in injectable treatments, new skin care lines, and HydraFacial®

WHY DO YOU EMPLOY A LESS-IS-MORE PHILOSOPHY?

I believe the best plastic surgery is in patients you can't tell have had it. If fillers or Botox® Cosmetic is visible. then it was not done correctly. It's all about restoring a natural-looking volume or contour. Some patients will require surgery versus a less aggressive nonsurgical approach. It depends on what their concern is, what outcomes they want to achieve and what they are bringing to the table. It's all about youth preservation



Tummy Tuck

Concerned about the loose, excess skin on her abdomen, this 48-year-old patient sought Dr. Bengtson for an abdominoplasty with liposuction to give her the smoother, flatter stomach she desired.







MY CREDENTIALS

Medical Degree

Indiana University School of Medicine

Fellowship Training

MD Anderson Cancer Center

Board Certification

American Board of Plastic Surgery

CONNECT

Visit the doctor's gallery of before-and-after photos at: newbeauty.com/bengtson

Grand Rapids, Michigan

Phone

616.588.8880 877.822.8880

benatsoncenter.com transforMDskincare.com







A FEW OF MY SPECIALTIES..

Breast Augmentation Revision Breast Surgery Breast Lift Breast Reduction Abdominoplasty **Tumescent Liposuction** Power-Assisted Liposuction Cellulite Treatment Facelift

Necklift

Blepharoplasty

Browlift Rhinoplasty

Labiaplasty

ThermiVa® **Body Contouring**

Bodylift Fat Transfer

Iniectables

